

Keep this sheet.
Collect them all!



Explore your world with this Science-to-Go backpack



Books in this backpack

- **Body Actions**
by Shelley Rotner
- **Bone by Bone**
by Sara Levine
- **The Busy Body Book**
by Lizzy Rockwell
- **My Five Senses**
by Alik
- **Parts**
by Tedd Arnold

Idea!

As you read a book together, point to the body part in the book and have your child point to their corresponding body part.

More books
at your
library

Head to Toe: My Body & How It Works. Sophie Dauvois. E612.
The Magic School Bus: Inside the Human Body. Joanna Cole. E612.
My Body. Martha Rustad. E612.
Senses at the Seashore. Shelley Rotner. E ROTNER.
Tiny Creatures: The World of Microbes. Nicola Davies. E579

Local Connection

Be active with your child. Visit a playground, play catch or go on a walk together. Play “Head, Shoulders, Knees and Toes”—add different body parts to mix it up and build vocabulary.

ACTIVITY

The Smell Game

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In this activity your child will explore their sense of smell and discover how it is aided by sight.

What you need:

- Small empty cups or bowls
- Items with distinct smells (lemon, vanilla, onion, apple, orange, pepper, parsley, coffee). You can also use soil or grass clippings.
- A few items that are less strong-smelling or even scentless (uncooked grains and nuts, coins)
- A blindfold

Try this:

1. Place a different sample in each cup.
2. Blindfold your child.
3. Ask them to identify each sample using only their sense of smell.
4. Could they identify all the samples? Probably not!
5. After they've finished smelling each sample, take off the blindfold. Talk about the samples they couldn't figure out. Do they know them now that they can see?

Rhyme

My Hands

My hands upon
my head I place.
On my shoulders,
on my face,
At my waist and
by my side,
Then behind me
they will hide.
I will raise them
way up high.
Let my fingers
fly, fly, fly.
Roll them over
1 — 2 — 3,
Now see how quiet
they can be!

Field Notebook

Add something to the field notebook!

For example: Record your child's smell observations. Encourage your child to draw and label a picture of themselves in the field notebook.