From the Library, to you (we miss you!)
Directions: Open, engage, enjoy!
(Library is not responsible for papercuts or creative breakthroughs.)

Sign up for the online Summer Reading program at summerreading.pcls.us

Share your work on Instagram and tag @pclteens!

Check out the PCLS OverDrive teen page!

Borrow digital books, audiobooks and graphic novels without leaving your couch. piercecounty.overdrive.com/library/teens

FIND US ONLINE!

Beanstack for Summer Reading program summerreading.pcls.us/beanstack

Flipgrid to share videos flipgrid.com/e4f5b970

Stay connected @pclteens
You are going on a quest to defeat a dragon. You can only take things that are within arms reach. What do you take with you?
An epic quest needs an epic hero.

Use this simple RPG character sheet if that’s your thing or build out a backstory for an original character.

**Bonus:** Create or draw other members of your questing party.
Create a map of your questing adventure.

For inspiration, take a look at these epic fantasy maps:
Write a story about the real life challenges or imagined monsters you have defeated in your life.
GAME DESIGN

INTRODUCTION

CLASSIC GAME OPENINGS - SET THE MOOD

SETUP PLOT SCENARIOS

CHARACTER BUILDING GUIDE

NAME: 
AGE: 
ALIGNMENT: 
CLASS: 
LIFE: ♥♥♥♥♥
INVENTORY: SPECIAL SKILLS, POTIONS:

CHARACTER ALIGNMENT TABLE
(PLAYERS SELECT)

LAWFUL GOOD | NEUTRAL GOOD | CHAOTIC GOOD
---|---|---
LAWFUL NEUTRAL | TRUE NEUTRAL | CHAOTIC NEUTRAL
LAWFUL EVIL | EVIL NEUTRAL | CHAOTIC EVIL

SIMPLE: COMBAT TECHNIQUES WITH DIE 6:

<table>
<thead>
<tr>
<th>ACTIONS</th>
<th>Points Needed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Run Away</td>
<td>5</td>
</tr>
<tr>
<td>Run*</td>
<td>5</td>
</tr>
<tr>
<td>Melee Attack</td>
<td>3</td>
</tr>
<tr>
<td>Range Attack*</td>
<td>3</td>
</tr>
<tr>
<td>Unarmed Attack*</td>
<td>3</td>
</tr>
<tr>
<td>Berserk Attack</td>
<td>5</td>
</tr>
<tr>
<td>Cast Spell*</td>
<td>3</td>
</tr>
<tr>
<td>Crawl</td>
<td>2</td>
</tr>
<tr>
<td>Sing/Heckle*</td>
<td>1</td>
</tr>
<tr>
<td>Macho Talk*</td>
<td>0</td>
</tr>
<tr>
<td>Deescalate Talk</td>
<td>1</td>
</tr>
<tr>
<td>Play Dead*</td>
<td>0</td>
</tr>
</tbody>
</table>

*Actions that provoke 'Attacks of Opportunity'

ELEMENTS OF GAMING

2 THINGS TO MOST CONSIDER:

1. FUN, PLAYERS, GAME BOARD, RULES, CARD DECKS, DICE, Game Pieces, or not? Finite play time? Will your game have Winners or Losers? Will the game have Have TURNS, or PHASES? You will need LUCK. Also, develop a Strategy or "Strategerie." Good games are REPLATABLE or at least they should be, NO?

2. DON'T Forget your game needs **A REASON to PLAY** known in the industry as "engagement"

STRETCH YOUR THINKING: Brainstorm some new game rules in your INVESTIGATOR'S NOTEBOOK (included in this kit OR sold separately).
Ideas for stress, coping in the moment, being in your body and staying connected.

**EMOTIONAL**
- Honor your feelings

**PHYSICAL**
- Support your body

**SOCIAL**
- Nurture your relationships

**SPATIAL**
- Curate your environment
<table>
<thead>
<tr>
<th><strong>Self-Care Tips and Tools</strong></th>
</tr>
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<tbody>
<tr>
<td>- Send mail and customize it!</td>
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<tr>
<td>- Decorate the front window/door to celebrate people you care about. Invite them to take a look.</td>
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<tr>
<td>- Schedule check-ins with friends or family. (Selfies or GIFs count!</td>
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<tr>
<td>- Compliment yourself</td>
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<tr>
<td>- Create a calming playlist</td>
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<tr>
<td>- Build a meditation or targeted breathing routine.</td>
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<tr>
<td>- Try a new way of connecting with your body</td>
</tr>
<tr>
<td>- Take breaks to stretch</td>
</tr>
<tr>
<td>- Have a 2 minute dance party to a favorite song</td>
</tr>
<tr>
<td>- Organize your space in small ways, like your desktop or bookshelf.</td>
</tr>
<tr>
<td>- Take favorite things and put them where you can see them.</td>
</tr>
<tr>
<td>List your favorite places, locations that you feel safe, or places with positive memories and make a map.</td>
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**Self-Care Tips and Tools**

- Send mail and customize it!
- Decorate the front window/door to celebrate people you care about. Invite them to take a look.
- Schedule check-ins with friends or family. (Selfies or GIFs count!
- Compliment yourself
- Create a calming playlist
- Build a meditation or targeted breathing routine.
- Try a new way of connecting with your body
- Take breaks to stretch
- Have a 2 minute dance party to a favorite song
- Organize your space in small ways, like your desktop or bookshelf.
- Take favorite things and put them where you can see them.
- List your favorite places, locations that you feel safe, or places with positive memories and make a map.
Breathing:

Close your eyes. Begin breathing deeply to hear your breath. Feel how your breath moves your body. Notice the flow through your nose, in and out of your body. Try to feel the contact of the air on different parts of your skin.

Gradually breathe softer and let it flow naturally. Keep listening to its sound. Try not to listen to your thoughts; only to your breath.

Whenever you think of other things, come back to your breath.

Acupressure:

Hold your ear lobes between your thumb and forefinger. Slowly begin to massage your ear lobes with your fingers. Do this for one minute. Next, carefully and slowly pull on your ear lobes, working your massage towards the top of your ears and then back down to your ear lobes. Do this for one minute. As you do this, close your eyes and take in slow, deep belly breaths.
What does activism mean to YOU?

What do we mean when we say activism?

Working together to plan, carry out, and continue a project, campaign, or other ongoing work to address issues that impact your own community and create the world you want to see.

<table>
<thead>
<tr>
<th>STRATEGIES FOR CHANGE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Protests</strong></td>
</tr>
<tr>
<td>hold rallies, marches, sit-ins, lie-ins, die-ins, walk-outs</td>
</tr>
<tr>
<td><strong>Boycotts and Strikes</strong></td>
</tr>
<tr>
<td>pressure on organizations, companies, and businesses by organizing to stop purchases or stop work</td>
</tr>
<tr>
<td><strong>Advocacy</strong></td>
</tr>
<tr>
<td>pressure to change laws and policies, letters, signed statements, petitions, social media awareness</td>
</tr>
<tr>
<td><strong>Solidarity</strong></td>
</tr>
<tr>
<td>build relationships and work across divides, groups, and identities toward a shared purpose</td>
</tr>
<tr>
<td><strong>Mutual Aid</strong></td>
</tr>
<tr>
<td>share resources and skills as a community to take responsibility for caring for one another</td>
</tr>
<tr>
<td><strong>Creative Resistance</strong></td>
</tr>
<tr>
<td>art, poetry, performance, and all forms of creativity to educate, build empathy, and challenge harmful stories</td>
</tr>
</tbody>
</table>

... and so many more!

LEARN FROM ACTIVISTS

Read the bios of activists below and think about what strategies they used to create change.

In 1954, I helped African American Andrew Wade buy a house in an all-white neighborhood. White neighbors blew up the home with dynamite. Instead of investigating the neighbors, the FBI began investigating me. I was indicted for inciting people to rebel against the government. I continued to work as an activist all my life, writing the widely read "Letter to White Southern Women" urging the women's movement to fight racism, and organizing across racial divides in environmental movements.

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**Harry Edwards** is a scholar and civil rights activist focused on the connections between race, sport, and society. While a professor at San Jose State University, he launched the Olympic Project for Human Rights, the organization behind the famous raised-fist podium protests of Tommie Smith and John Carlos at the 1968 Olympics in Mexico. He is the author of several books, including *The Revolt of the Black Athlete*.

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My art has addressed issues such as migration, economic inequality, gender justice, and ecology. I work on collaborative projects with other artists. I helped start a group called CultureStrike, to engage artists, writers and performers in migrant rights. I also cofounded a group called Presente.org, a national online organizing network dedicated to the political empowerment of Latino communities.

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**Jasilyn Charger**, of the Cheyenne River Sioux Tribe, cofounded the International Indigenous Youth Council. She coordinated a 2,000-mile run from the Dakotas to Washington, DC, to draw attention to protests at Standing Rock, over the Dakota Access Pipeline, which helped attract thousands of protestors to the cause. Known as a “water protector.”

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Find more at [teachingforchange.org](http://teachingforchange.org)
EXPLORE ISSUES THAT MATTER TO YOU

Identifying the roots of an issue can help us understand why something is happening and figure out how to take action.

Explore an issue that matters to you using the root cause tree below.

Many of the challenges you might find in your community are symptoms of the same big issue. This issue, in turn, is the result of several root causes. Use this tree diagram to piece together your issue with its symptoms and root causes.

Your best shot at effectively tackling an issue is to go after one of its root causes. Think about not only what causes the issue to exist, but also what things make it worse. Those can be considered root causes as well.

Take a picture and share with us on social media. Tag us on Instagram @pclteens © Mikva Challenge 2011
Choose an issue that matters to you and your community:


Choose a strategy to address the root causes of your issue. Mark all that apply:

- ☐ Protest
- ☐ Boycott or strike
- ☐ Advocacy
- ☐ Solidarity
- ☐ Mutual Aid
- ☐ Creative Resistance

USE THE SPACE BELOW TO PLAN YOUR ACTION

You might consider: a protest poster, a letter to city council, a plan for a community project, a work of art or poem about why your issue matters to you, or a social media campaign.
2020 TEEN ZINE LIBRARY

HERE'S WHAT YA DO

1) START WITH SOME OF THE ZINE TEMPLATES INCLUDED (OR MAKE YOUR OWN!)

2) WRITE A STORY, COMIC, POETRY, OR SHARE ART

3) TAG US @PCLTEENS SO WE CAN CHECK IT OUT!
HOW TO FOLD A SHEET-O-PAPER INTO A 8-PAGE ZINE

1. Start with a sheet of paper.
2. Fold the paper in half lengthwise.
3. Fold each half in half again.
4. Fold the paper in half horizontally.
5. Fold the paper in half again vertically.
6. Press all the folds together.
7. Open the paper and fold in half diagonally from each corner.
8. Press the folds together again.
9. Open the paper and fold in half again diagonally.
10. Press the folds together.
11. Open the paper and fold in half once more diagonally.
12. Press the folds together.
13. Open the paper and fold in half horizontally.
14. Press the folds together.
15. Stack the folded paper and staple it together.
16. Your 8-page zine is ready!
RESOURCES AND TIPS

HOW TO MAKE A ZINE: FONTS, GRAPHICS & TEMPLATES TO GET YOU STARTED:
HTTPS://TINYURL.COM/YCFDGU64

ZINE AND BOOKLET TEMPLATES
HTTPS://TINYURL.COM/T7A6MT7

ZINE MAKING RESOURCES:
HTTPS://TINYURL.COM/Y7E2DWQ2

THE BEGINNER'S GUIDE TO MAKING YOUR OWN ZINES:
HTTPS://TINYURL.COM/YAT57V29

FOR MORE INFO OR QUESTIONS, TAG US @PCLTEENS ON INSTAGRAM
Use these prompts to write or draw scenes!

Fandom Prompts: General

- Your main character sees your villain sneaking out of a thrift store with a small paper bag and decides to follow them.
- Your main character's best friend has been avoiding them and hanging out with an unlikely crew.
- Your main character's crush gives them a handwritten letter. The contents are not what your main character expected.
- Your villain learns that they and your main character are obsessed with the same anime series.

Fandom Prompts: Specific

- Supernatural: Sam and Dean wake up in an alien spacecraft and see Earth engulfed in flames below them.
- LOTR: While in Lothlorien, Galadriel succumbs to the power of the ring and the Fellowship have to battle her.
- Harry Potter: The Queer Student Alliance at Hogwarts throws a Pride Parade at the end of the school year.
- ATLA: The Fire Kingdom was successful at the Siege of Ba Sing Se and Uncle Iroh is Fire Lord.
Draw anime and manga characters!
teen fiction about
FANDOMS