At the Park

Visits to local, state, and national parks are a great way to introduce children to nature and outside play. From swings and playsets at urban and suburban parks to leisurely hikes at state and national parks, children can enjoy being outside where they experience new sights, sounds, scents and sensations.

Ideas & Tips

• Look for different animal homes as you walk around your local park. Then share this rhyme about animal homes with your child:
  A nest is a home for a bird. (Cup hands to form a nest)
  A hive is a home for a bee. (Turn cupped hands over)
  A hole is a home for a rabbit. (Make a hole with hands)
  And a house is a home for me. (Make roof with peaked hands)

• Read the story Higher, Higher! by Leslie Patricelli—about a little girl having an adventure while swinging. Give your child a ride on the swings at your local playground.
• Write or draw in the soil or sand with a stick.

More Books

• Bark Park by Karen Ruelle
• No Two Alike by Keith Baker
• Picnic by John Burningham
• Red, White, and Boom by Lee Wardlaw
• Wave by Suzy Lee

Get going today!

Find more info, book suggestions and other activity sheets at babybooks.pcls.us

Rhyming Fun

Here We Go on a Picnic
(Sing to “Here we go round the Mulberry Bush”)

Here we go on a picnic today,
A picnic today, a picnic today.
Here we go on a picnic today,
On such a beautiful ________
(day of the week)
Repeat using other verses such as:
This is the way we spread our cloth...
This is the way we eat our lunch...
This is the we play our games...
We had fun on a picnic today…