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Up In the Air by J. Patrick Lewis

A leaf in a breeze
A kite on a string
A ball from a bat
A bird on the wing
A cloud sailing by...
Me! On a swing!

Going Outside

Going outdoors lets you explore the natural environment with your baby. Outdoor play helps your baby learn about new settings and their distinctive sights, sounds and smells. Going outside promotes physical and emotional health by stimulating and delighting the senses!



- Spread a blanket in the grass for tummy time.
- Point out baby's shadow on sunny days. Catch raindrops on wet days.
- Watch trees and listen for birds.
- Play with scarves or blow bubbles in the wind.
- Visit a local park or playground.
- Check out a farmers market or community garden.
- Tacoma Nature Center has easy trails and a Discovery Pond to explore.

More Books

- Babybug Magazine
- Birds by Kevin Henkes
- How Things Grow by Eric Carle
- I Play by David McPhail
- In the Wind by Elizabeth Spurr
- Look Look Outside! by Peter Linenthal





Get going today!