BABY BOOKS to GO

Paper

Paper can have many different textures; smooth, rough or bumpy. Playing with paper is a fun way for baby to learn through touch.

Ideas & Tips

- Read favorite books and talk about what they are made of. Babies explore new objects by putting them in their mouths. This often means “reading” a book looks a lot like chewing!
- Crumple up pieces of paper into balls. Listen to the sound this makes. Toss or roll paper balls to each other, talking as you play.
- Make a game out of putting paper into your recycling bin.
- Make a paper hat for you and baby. (Check YouTube for instructions!)
- Talk about how people write on paper. Hold a crayon or marker in baby’s hand and together write on a piece of paper. Start with baby’s name!
- Point out objects that are made out of paper. Paper bags, tissues, wrapping paper, paper towels, toilet paper! Discuss how we use each type of paper differently.
- Go to the library. Books are made of paper! For toddlers, demonstrate how to be gentle with a book so as not to tear the pages.

More Books

- Book by John Hutton
- Don’t Throw that Away!: A Lift-the-Flap Book about Recycling and Reusing by Lara Bergen
- First Words by Roger Priddy
- It’s a Little Book by Lane Smith
- What do I Feel?: ¿Qué Siento? by Annie Kubler

Rhyming Fun

A Little Book

Sit baby in your lap for this rhyme.
Here’s a page, (Hold out a flat palm in front of you and baby.)
And here’s a page, (Add the other palm.)
And here’s a little book. (Squeeze open palms together to make a book shape.)
Turn a page, (Flip palm on top of the other.)
And turn a page, (Flip palm again.)
Read and take a look! (Hold up book to eyes.)

Get going today!

Find more info, book suggestions and other activity sheets at babybooks.pcls.us

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