Stars

Stars are a magical introduction to math and science for babies. Identifying shapes like stars, ovals, and diamonds is a beginning math skill. Talking about our sun, moon, and universe exposes baby to new words and big concepts.

Ideas & Tips

- Talk about how our sun is a star, and creates light.
- Talk about day and night: during the day the sun comes out and at night, the moon. While going through your daily routines, point out things you do during the day or at night. For example, “It’s a new day, time for breakfast!” or “We can see lots of stars in the sky tonight!”
- Play with a flashlight. Shine light on the wall, floor, or ceiling (but not in baby’s face). Create shooting stars with your flashlight! Sing “Twinkle, Twinkle, Little Star.”
- Read a book about shapes. Point out the shape of objects that you see during your day, especially star shapes. Trace the shapes with baby’s fingers.
- Go outside. If baby is awake on a clear night point out the stars and moon. Make a wish on a star, with this rhyme:
  Star light, star bright. The first star I see tonight;
  I wish I may, I wish I might. Have the wish I wish tonight.

More Books

- ABC Universe by American Museum of Natural History
- Baby’s Shapes by Karen Katz
- Hello, Circulos! Shapes in English y Espanol (Title entry)
- My Shapes/Mis Formas by Rebecca Emberley
- Twinkle Twinkle Little Star by Jane Taylor & Jeanette Winter

Twinkle, Twinkle, Small Estrella

From La Madre Goose: Nursery Rhymes for Los Ninos by Susan Middleton Elya

Twinkle, twinkle, small estrella,
How I wonder why you’re bella.
Shining high, you’re so vibrante,
In the sky un diamante.
Twinkle, twinkle, small estrella,
How I wonder why you’re bella.

Twinkle, Twinkle, Little Star

From La Madre Goose: Nursery Rhymes for Los Ninos by Susan Middleton Elya

Twinkle, twinkle, little star,
How I wonder what you are.
Up above the world so high,
Like a diamond in the sky.

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