Things to do together

- Sing "The Farmer and the Dell" together
- Sing "Frere Jacques" together
- Help your child list all the members of your family. Include cousins, aunts, uncles etc.
- Look through a family photo album together and ask open ended questions about each person. Encourage your child to tell you everything they can think of about them.
- If your child has brothers or sisters, draw a picture of them and have your child describe them to you. Write down what they say and add this dictation to the picture.
- If your child does not have brothers and sisters, encourage them to draw a picture of the brother or sister they would like to have and dictate what qualities your child would like them to have.
- Make a list of brothers and sisters in stories, books and songs. How many can you list?

Other Resources
Discipline: the Brazelton way: advice from America’s favorite pediatrician
by T. Berry Brazelton