We looked at the stars and talked about them ~ 1 space
We took a listening walk together, noticing neighborhood sounds ~ 2 spaces
We made a list of what we heard on our listening walk ~ 2 spaces
We had a picnic (inside or outside) ~ 2 spaces
We made funny faces into a mirror together ~ 1 space
We watched the sun set together ~ 1 space
We measured things with measuring cups ~ 2 spaces
We put on a fashion show ~ 3 spaces
We talked about our favorite foods and why we like them. My favorite is __________________________ ~ 2 spaces
We drew self portraits ~ 2 spaces
We showed someone a kindness ~ 3 spaces
We sat still and silent for a while ~ 1 space
We talked about the people in our lives whom we love ~ 2 spaces
We talked about our favorite places ~ 2 spaces
We took a walk and counted how many squirrels we saw ~ 3 spaces
We listened for bird song ~ 1 space
We looked at family photos and talked about them together ~ 2 spaces
We planned a week's worth of meals together ~ 3 spaces
We made music with things around the house ~ 2 spaces
We read together (20 X per game board) ~ 1 space
We had a celebration for no reason ~ 2 spaces
We spent time playing together ~ 2 spaces
We cleaned our home together ~ 3 spaces
We drew or painted something ~ 2 spaces
We jumped in puddles ~ 1 space
We built a cozy place using sheets, blankets, towels and pillows ~ 2 spaces
We did some stretching together ~ 1 space
We counted all the circle shapes we could find in our home ~ 2 spaces
We listened to music together ~ 1 space
We chose a recipe and made it together ~ 2 spaces
We built something together ~ 2 spaces
We made a thank you card for the mail carrier ~ 3 spaces
We talked about friends and what makes someone a good friend ~ 1 space
We called a friend on the phone ~ 1 space
We made art from things we found outside ~ 3 spaces
We paid someone a compliment ~ 1 space
We played with a cardboard box ~ 2 spaces
We talked about what we love about each other ~ 1 space
We made up a story together ~ 2 spaces
We took a walk and counted our steps ~ 2 steps
We talked about the ways people look different from one another ~ 2 spaces
We made an obstacle course in the house with chairs, pillows and objects ~ 3 spaces
We practiced taking deep breaths and calming ourselves ~ 1 space
This was my favorite book that we read together ____________________________ ~ 2 spaces
We sang silly songs together ~ 1 space
We spent time with someone that we love (even if virtual) ~ 2 spaces
We had a screen free day ~ 3 spaces
We created a family “mailbox” and made notes and letters to place in it ~ 3 spaces
We tried to make each other laugh ~ 1 space
We wrote a letter/card for someone ~ 2 spaces

Do you have ideas for activities or suggestions? Send them to oca@pcl.us

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