September 2010
Early Learning
Newsletter

Book of the Month
Applesauce Season by Eden Ross Lipson – A heartwarming story about a close-knit family who lives in the city but still enjoys picking apples (at the farmers market) and making them into applesauce. Includes a recipe. Ages 4-8.

Other Books about APPLES...
Fruit by Sara Anderson – Board book filled with colorful pictures of fruit. For babies.
The Zieglers and their Apple Orchard by Alice K. Flanagan – A look into a year in the life of a family-owned apple orchard.
The Apple Pie Tree by Zoe Hall – A beautifully illustrated book showing the many uses of an apple tree through the seasons, including serving as a home to birds. Apple pie recipe included.
The Apple Doll by Elisa Kleven – Lizzy, nervous about starting school, makes a doll out of an apple and twigs from her favorite tree, to help her feel more at home. Includes directions at the end for making a dried apple doll. Ages 4-8.
Amazing Apples by Consie Powell – Simple poems describe all things apple – from core to orchard!
How to Make an Apple Pie and See the World by Marjorie Priceman – A little girl travels the world in search of the best ingredients for her delicious apple pie. Bright, colorful illustrations. Ages 4-8.
Apple Farmer Annie by Monica Wellington – Annie is an apple farmer who sells both the apples she grows and the delicious treats she makes with her home-grown apples. Recipes for applesauce, apple muffins, and applesauce cake included. Ages 2-5.

Apple Pizzas – a Snack Idea!
This idea came from the “Everything Preschool” web site – www.everythingpreschool.com Provide cream cheese, applesauce, and cinnamon for your children to spread/sprinkle over hamburger buns or English muffins. Let the children create their own snack. For added fun, heat the snacks up in the microwave for about 20 seconds each (teacher/parent job). Cooking is a wonderful pre-reading activity for children as it teaches them about sequence and order.
After reading *Applesauce Season* by Eden Ross Lipson, let your children taste different types of apples for snack. Granny Smith apples taste very different from Golden Delicious, for example. Can the children describe how they taste differently? What are some words they can think of to describe this difference? You can help them with this. Great for developing vocabulary.

Make a chart with tick marks comparing which apples children like best.

A-P-P-L-E
To the tune of “BINGO” sing,
There is a word that starts with “A”
And “apple” is it’s name-o
A-P-P-L-E, A-P-P-L-E, A-P-P-L-E,
And “apple” is it’s name-o
This is a great activity to teach letters. Try this song with any 5-letter word! Point out each letter as you sing it. Children learn an amazing amount through song.

Look at the Apple I Have Found
Look at the apple I have found
(Hold out both hands, palms up)
So red and rosy, on the ground
Let’s wash it, and cut it in two,
(Do the actions of the words)
Half for me and half for you!
(Point to self, and point to a friend)

Apple Roll
5 little apples in the bowl
1 fell out and started to roll
It bumped the table and hit my feet!
How many apples left to eat?
4 little apples in the bowl (repeat song)
3...
2...
1 little apple in the bowl!