**Books, Rhymes & Fun**

**Pierce County Library System**

**piercecountylibrary.org**

**FEBRUARY 2021 - BEDTIME**

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**Bedtime for Sweet Creatures**
*by Nikki Grimes*

In her usual poetic way, Nikki Grimes tells the story of a bedtime ritual using animals to describe a young child’s acts and moods. A lovely, comforting bedtime book. All ages.

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**A Big Mooncake for Little Star**
*by Grace Lin*

This lovely picture book uses the bedtime ritual of Little Star to explain the phases of the moon. The illustrations are vibrant and the relationship between mother and daughter is soothing. Children will enjoy the antics of mischievous Little Star and relate to her inability to resist taking nibbles from a treat. Preschool and young schoolage.

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**Other Fun Books About Bedtimes**

**Bedtime Bonnet**
*by Nancy Redd*

A young girl shows the many ways her family prepares their hair for bed. She searches everywhere for her bonnet and finds it in a funny place. A funny picture book for preschoolers.

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**Don’t Let the Pigeon Stay Up Late**
*by Mo Willems*

Another hilarious Pigeon book. This one about bedtime. Preschool.

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**Sleepy, Oh, So Sleepy**
*by Denise Fleming*


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**A Book of Sleep**
*by Il Sung Na*

A little owl flies over the many animals going to sleep at night in this beautifully illustrated book.

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**Little Owl’s Night**
*by Divya Srinivasan*

Little Owl visits many forest creatures during a night in this gentle, poetic book that may provide comfort for children about what happens at night. Preschool.

* All books that have an asterisk are available to read electronically through OverDrive.
Rhymes of the Month

Big yellow moon shines so bright
(Arms above head in circle shape)
Glides across the starry night.
(Arms move from left to right)
Looks down at me asleep in bed.
(Hands together at side of face)
Whispers, “Good night, sleepyhead.”
(Forefinger in front of mouth)
Big yellow moon, your turn is done.
(Arms above head move down in front of body)
Here comes Mr. Morning Sun.
(Arms move above head in circle shape)
I wake up.
(Arms stretch out)
You go to bed.
(Hands together at side of face)
“Sleep well, Moon, you sleepyhead.”
(Forefinger in front of mouth)

Bring me all of your dreams,
You dreamer,
Bring me all your Heart melodies
That I may wrap them
In a blue cloud-cloth
Away from the too-rough fingers
Of the world.
~Langston Hughes

Fun learning Activities

Collage Art
Supplies: Paper in different colors
Scissors (hopefully for both left and right handed children)
Note: There are adaptive scissors for children with fine motor delays called Loop Scissors
Containers for cut paper pieces (optional)
Glue sticks, or glue or glitter glue
Paper as the canvas

Place color paper out on the table with scissors and glue sticks. Model cutting paper into strips and pieces and letting the pieces fall into the small containers. (Not a necessary step, but a neater one!) Support the children in the cutting of their papers. When they have enough color pieces, encourage them to glue the pieces onto the canvas paper to create collage art. All collage creations are beautiful and scissors are a wonderful way to provide small motor skill practice.

Indoor Bowling
Supply: Ball
An assortment of empty pop bottles, paper towel tubes or plastic cups

Encourage the children to place the assorted items on one end of the room. Children take turns rolling the ball toward the items and knocking them down and then helping to reset them. Perhaps keep a chart of how many items are knocked over with each turn. A great math activity!

Did You Know?
There are nine Diaper Banks around Pierce County where you can get free diapers and wipes. For more information: https://www.helpmegrowpierce.org/diaperbank

You can find much more Early Learning information on our website:
http://www.piercecountylibrary.org/
(In the Parents/Caregivers section of the Kids/Teens menu)