Making Pizza
(create simple actions to match words)
Stretch the dough,
Spread the sauce,
Sprinkle on some cheese,
Cook the pizza,
Cut the pizza,
I'll have a big slice, please!

A Delicious Cake
Mix the batter, stir the batter,
Pour some flour in.
Mix the batter, stir the batter,
Place it in a tin.
Sprinkle little raisins on,
Pop it in to bake,
Open wide the oven door,
And out comes a cake!

Lemon Tree
Way up high in the lemon tree
Five big lemons smiled at me
So I shook that tree with all my power
Down came a lemon...
Ooooh, it was sour!
(continue with this silly rhyme until all the sour lemons have fallen off the tree)

Cup of Tea
Here's a cup,
And here's a cup,
And here's a pot of tea.
Pour a cup,
And pour a cup,
And have some tea with me!
(talk with children about what else they like to drink—hot chocolate...)

Fruit Song by Nancy Stewart
Mama, mama, can I eat
This juicy fruit in front of me?
(Give clues and let children guess the fruit,
Bring out the real fruit or a picture
Repeat words above and introduce another fruit
Clap and say the name of the fruit together)

Five Brown Buns
Five brown buns in the bakery shop,
Five brown buns with sugar on top,
Along came (child's name) with a penny in their hand,
They took one bun and away they ran.
(repeat using another child's name)

Things to do Together

• **Pudding Finger Paint**—Create edible finger paint from 1 package of instant pudding and prepare the pudding using water rather than milk. For even more fun, add food coloring.
• **Go** berry picking during the summer or apple picking during the fall. Many areas have local u-pick farms. Talk to children about the plants that these fruits come from.
• **Pretend Soup and Salad People by Mollie Katzen** are two young child-friendly cookbooks with healthy recipes that are presented in pictures for children to follow along with. Great books for cooking together. They are available at the library!
• **Put** out some pots and pans or Tupperware containers for babies and young children to play with while you are cooking. They can play near you and pretend that they are also cooking.

Other Resources

_Pretend Soup by Mollie Katzen_
_Salad People by Mollie Katzen_