ACTIVITY: PLAY WITH BLOCKS!

Blocks are a wonderful toy as it provides endless opportunities for open-ended and imaginative play. Very young children may find it fun to carry blocks around and knock down towers. You can work with them to stack a few blocks to make their own tower, or lay the blocks down on the floor to create a road or a path. Many household items work for block play. Look in your kitchen for empty cardboard boxes (oatmeal, Jell-O, pudding, etc.) or Tupperware containers and lids to stack. Perhaps make a home for your child’s favorite toy together or cook up a yummy block meal!

PARENT TIP:

Listen to music throughout your day. Music is a wonderful mood booster. You could put on some fun tunes to dance to with your child, or play quiet, relaxing music in the background while preparing lunch or playing at home. While getting ready in the morning, play your favorite song or something you love to listen to and help set the tone for the day.

COMMUNITY:

Look for lights! This is a fun time of year because of all the lovely light displays on buildings all around. Maybe you will discover a favorite neighborhood nearby you can visit more than once. Talk about the many different colors, shapes and sizes of lights you see!
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COMUNIDAD:
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