In the Autumn

Babies and toddlers are too young to fully understand how the four seasons make up a year. But we can lay the foundation for later learning by pointing out changes in nature that we notice in autumn. The best way to celebrate this season with your child is to observe the many signals of autumn (such as cooler weather, changing leaf colors and autumn celebrations) and talk about them together.

Ideas & Tips

- Gather different leaves and compare the colors and shapes. If possible, rake up a pile of leaves and explore it together.
- Look out a window and talk about what you see in autumn. What are people doing? What are the birds doing?
- Talk with your child about the weather outside. Explore a frosty morning together.
- Visit a pumpkin patch and talk about what you see.
- Compare the pumpkins on display at the grocery store—big, small, round, tall and more.

More Books

- Apple by Nikki McClure
- Baby Loves Fall by Karen Katz
- Busy Little Squirrel by Nancy Tafuri
- I See Fall by Charles Ghigna
- Pumpkin Day by Candice F. Ransom

Bears are Sleeping

(Sing to the tune of “Frere Jacques”)

Bears are sleeping.
Bears are sleeping.
Birds fly south.
Birds fly south.
Squirrels storing acorns.
Squirrels storing acorns.
In their mouths.
In their mouths.

Rhyming Fun

Get going today!
Find more info, book suggestions and other activity sheets at babybooks.pcls.us

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