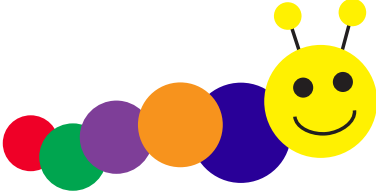


BABY BOOKS to GO



Find more info, book suggestions and other activity sheets at babybooks.pcls.us

Rhyming Fun

Acka Backa Soda Cracker

Acka backa soda cracker,
(Bounce baby on knee, to rhythm)
Acka backa boo,
(Lean forward on 'boo')
Acka backa soda cracker,
(Bounce to rhythm)
Up goes you!
(Lift baby up)
Acka backa soda cracker,
(Bounce to rhythm)
Acka backa boo,
(Lean forward on 'boo')
Acka backa soda cracker,
(Bounce to rhythm)
I love you!
(Kiss baby's head or hug baby)

Mealtime

Mealtimes are your child's first introduction to healthy eating habits. They are also a great time for families to come together, share and bond.

Ideas & Tips

- While supervising, allow your baby to feed themselves. It is a safe opportunity to practice finger coordination with very small morsels.
- Give your baby foods that are warm, cool, sticky or slimy to help develop sensory skills. Talk to your baby about the different temperatures and textures.
- Allow your baby to be an active participant in mealtimes to help avoid potential mealtime struggles.
- When you are out to eat at a restaurant, talk to your baby about the different smells, colors and textures of the food that the family is enjoying.

More Books

- *Baby Food* by Margaret Miller
- *Eating the Rainbow* by Rena Grossman
- *Maisy's Food / Los Alimentos de Maisy: a Maisy Dual-language Book* by Lucy Cousins
- *Max Goes to the Farmers' Market* by Adria F. Klein

