Morning Time

Mornings can be busy for adults and babies. They can also be a great time to incorporate learning and have some fun with your alert, awake baby! Use this time for simple talking and singing games.

Ideas & Tips

- Talk to your baby about the plans for the rest of the day.
- Have a “good morning” song that you sing as you start the day.
- Incorporate play into your morning with a game of peek-a-boo as you dress baby.
- If your child goes to child care, talk about the caregivers as friends you’re excited to see.
- Wave from the window as your neighborhood starts the day.

More Books

- *A Child’s Good Morning Book* by Margaret Wise Brown
- *Hey! Wake Up!* by Sandra Boynton
- *Llama Llama, Wakey-Wake* by Anna Dewdney
- *Peekaboo Morning* by Rachel Isadora

Good Morning Toes

Good morning toes,  
(Tickle baby’s toes)  
Good morning toes,  
And how are you today?  
I trust you had a good night’s sleep,  
And now you’re ready to play!  
Good morning knees...  
Good morning tummy...  
Good morning hands...