My Senses: Seeing

Newborns can see objects eight to 15 inches away, about the distance of the person holding them. Baby’s sight develops gradually over six to eight months, at which point they will see almost as well as you do. At birth, when visual development begins, a baby sees only in black, white and gray. Babies develop color vision at around four months of age.

• Help baby explore different shapes and textures with their fingers. Keep toys within baby’s focus, about eight to 12 inches. Name objects when talking to encourage word association.
• Play hide-and-seek games with toys or your face to help baby develop visual memory. Play patty cake and other games, moving baby through the motions while saying the words.
• Give baby plenty of floor time to explore, and provide toys that can be easily gripped in baby’s hands.
• As your baby grows, the opportunities for seeing their ever-widening world continually expand!

Rhyming Fun
Here are my ears. (Point to ears)
Here is my nose. (Point to nose)
Here are my hands. (Hold up hands)
Here are my toes. (Point to toes)
Here are my eyes. (Point to eyes)
Both opened wide. (Open eyes wide)
Here is my mouth. (Open mouth)
With white teeth inside. (Smile, showing teeth)

Ideas & Tips

More Books
• Baby Animals: Spots and Stripes by Phyllis Limbacher Tildes
• Black Bird Yellow Sun by Steve Light
• Jane Foster’s Black and White by Jane Foster
• Ruby, Violet, Lime by Jane Brocket