


BABY BOOKS to GO



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Rhyming Fun

Two little eyes to look around.
Two little ears to hear each sound.
One little nose to smell what's sweet.
One little mouth that likes to eat.

My Senses: Smell

When we think of babies and smells, it's often because Baby is the source of the odor, and a diaper change is needed! As a sense, though, smell is an important one for babies to develop. Good smells can create good, lifelong memories.

Ideas & Tips

- Gently introduce your baby to natural smells. Wave your hand over the smelly thing to push (or "waft") the scent in the direction of your baby and see how they react to it.
- Cook around your baby. The smell of the kitchen at work is an easy way for babies to learn what some foods smell like in a safe environment. Talk to your baby about what you're cooking and how it smells.
- You might wish to purchase scented washable markers for supervised play. Sitting with your child, write out the marker's scent on paper, and draw a picture if possible. Let Baby see, hear, and smell the word! Multiple sensory experiences can help a child remember a word.
- Stop and smell the flowers at one of the public gardens in Pierce County. Lakewold Gardens and Point Defiance Park's gardens cultivate fragrant flowers in season. The W. W. Seymour Conservatory in Wright Park is indoors, open all year, and has free admission.
- Community or home gardens can provide Baby with the smells of soil and plant life.

More Books

- **David Smells!** by David Shannon
- **I Can Smell** by Julie Murray
- **I Hear A Pickle (and Smell, See, Touch, and Taste It, Too!)** by Rachel Isadora
- **Sniff! Sniff!** by Ryan Sias, Ryan
- **What Do I Smell? / ¿Qué Huelo?** by Annie Kubler

