


BABY BOOKS to GO



Find more info, book suggestions
and other activity sheets at
babybooks.pcls.us

Rhyming Fun

"Apples & Bananas" (From Raffi's CD "Fun Food Songs")

I like to eat, eat, eat
Apples and Bananas
I like to eat, eat, eat
Apples and Bananas

I like to ate, ate, ate
Ay-ples and Ba-nay-nays
I like to ate, ate, ate
Ay-ples and Ba-nay-nays

I like to ote, ote, ote
Oh-ples and Ba-no-nos
I like to ote, ote, ote
Oh-ples and Ba-no-nos

Keep going, changing the
vowel sounds to make it silly!

My Senses: Taste

Babies love to explore the world through taste—
whether it's food or toys that they put in their mouths!

Ideas & Tips

- Talk to your baby about the foods they are eating. What texture, color and type of food is it?
- Sing a song before each meal to help your baby understand the rhythm of the day.
- If you can, grow peas or carrots. Your baby will love to play in the dirt and taste fresh sweet vegetables.
- Visit a farmers' market or local farm. In Pierce County, some farms have tours and children's activities in the fall.
- Introduce new foods for your older baby or toddler to taste. Even if they don't like a food the first time, try on several occasions before deciding they don't enjoy it!

More Books

- *Eat Like a Bear* by April Pulley Sayre
- *Growing Vegetable Soup* by Lois Ehlert
- *My Five Senses* by Aliki
- *My Very First Book of Food* by Eric Carle
- *Rah, Rah, Radishes!* by April Pulley Sayre

