Books of the Month

Unlovable by Dan Yaccarino
Ignored and bullied by other dogs, little Alfred worries that he is unlovable, even as he dreams of finding a true friend. His dream looks like it may come true when (through the fence) he speaks to the new dog next door. But Alfred makes a mistake that might cost him the very friendship he wants so much. This is an adorable book about honesty, friendship, and kindness. Preschool.

Other fun books about Emotions

Feelings/La Emociones by Mary Berendes—This is a wonderful first look at the vocabulary of feelings. In English and Spanish. Toddlers and Preschoolers.
How Are You Peeling? by Saxton Freymann—A creative book that uses fruit and vegetable creations to talk about feelings. Perfect for preschool, but using only the photographs, it is wonderful for toddlers as well.
Grump, Groan, Growl by bell hooks—This is a wonderful book about the large feelings that we have and how we can cope with them. Toddlers and Preschool.
If You’re Happy and You Know It by Anna McQuinn – This is a joyful rendering of the well-known song. Preschool and young school-aged.
The Feel Good Book by Todd Parr—This book celebrates the many things in life that make us feel good—the silly, the sweet, and the active. A great book for starting discussion. Preschool.
Walter was Worried by Laura Vaccaro Seeger – This creative book shows the different feelings that people have with the emotions literally spelled out in letters on their faces. Preschool and young school-aged.
Bear Feels Scared by Karma Wilson - This rhyming book features a wonderful story and is a great opening for children to talk about their fears. Preschool.

Rhyme of the Month

My Feelings
When I am sad, I want to cry.
When I am proud, I want to fly.
When I am curious, I want to know.
When I am impatient, I want to go.
When I am bored, I want to play.
When I am happy, I smile all day.
When I am shy, I want to hide.
When I’m depressed, I stay inside.
When I am puzzled, I want to shrug.
When I am loving, I kiss and hug.

Poem of the Month

Runaway
I think today I’ll run away.
My heart is full of sorrow.
I’ll disappear
For one whole year,
Or else, come back tomorrow.

William Wise

Free STARS trainings are listed at www.piercecountylibrary.org
You may register for STARS classes by clicking on the date of the class on the Calendar of the Pierce County Library website: www.piercecountylibrary.org
Vroom
Early Learning organizations around Pierce County are working together to spread the word about Vroom—a wonderful app that sends out daily simple early learning activities and the brain science behind them!

Vroom is tailored to a child’s age, growing with them. It’s very simple, and it’s fun!

Explore the information, download the app, and help us spread the word to parents and caregivers in Pierce County!

Thank you!

You can find a myriad of early learning information at our website:

http://www.piercecountylibrary.org/
(in the parents/caregivers section of the Kids/Teens menu)