Things to do together

- Your child’s name is the most important word to them. Write your child’s name on a large piece of paper and have them copy it, or illustrate around it. Talk about how you chose that name and its history.
- Make a list of things your child enjoys.
- Make a list of all the qualities that you treasure about your child. (Try to include the foibles as well as the endearments)
- Talk about the idea of “mistakes” and that as people, we all make them. How can we cope with making mistakes? Brainstorm with your child.

Other Resources

Touchpoints Three to Six: Your Child’s Emotional and Behavioral Development by T. Berry Brazelton