



Theme Packets

Five Senses

Rhymes And Fingerplays

The Parts of the Body

If a bird you want to hear,
You have to listen with your _____.
If you want to dig in the sand,
Hold the shovel in your _____.
To see an airplane as it flies,
You must open up your _____.
To smell a violet or a rose,
You sniff the fragrance through your _____.
When you walk across the street,
You use two things you call your _____.
East and west and north and south,
To eat or talk you use your _____.

Five Little Senses

Five little senses are what I need,
To use when things are near.
I use my eyes to look and see.
I use my ears to hear.
I use my nose to smell things.
I use my hands to touch.
I use my mouth to taste
The things I love to eat so much.
Five little senses standing in a row,
To see, hear, smell, touch and taste

My Five Senses

A small mouth for eating, *(Point to mouth)*
My nose for smelling, *(Point to nose)*
My two eyes for seeing, *(Point to eyes)*
My two ears for hearing, *(Point to ears)*
My two hands for touching *(Point to hands)*
And my head?
*(Lean head on both hands,
as if to sleep)*

My Five Senses

I have eyes that can see
And a nose that can smell
I have fingers that can touch
And they do it very well
I have ears that can hear
And a tongue that can taste
These five things I should not waste.

My Eyes

Here are my eyes,
One and two.
I give a wink,
So can you.
When they are open,
I can see light.
When they are closed,
It is dark as night.

Things to do together

- Brainstorm a list of activities for example: listening to music, reading a book, eating. Ask your child what senses you would use during each activity.
- Point to the body parts that are primarily responsible for the five senses. Ask your children what those body parts do. i. e. "Where are your ears?" "What do ears do?" Etc.
- Assemble many items with different textures. (sandpaper, cotton, wood, metal, rubber, play dough, etc.) Let your child explore each of these items and write down their description of them. Encourage them by then adding some descriptions of your own. This helps expand your child's vocabulary
- Make a chart of good smells and bad smells. Keep this chart and add to it occasionally
- Trace your child's body on a large piece of paper. Have them label the parts that control the senses

Other Resources

Sense-abilities: Fun Ways to Explore the Senses for Children 4 to 8
by Michelle O'Brien Palmer