
Board Policy



Pierce County Library Wellness Program Policy

Policy Statement

Pierce County Library offers, encourages and supports participation in its Wellness Program.

PURPOSE

The purpose of the Wellness Program is to encourage and support employee wellness by providing resources, information and opportunities for Pierce County Library System employees to make choices that lead to active, healthy lifestyles. The health of its employees directly affects their ability to perform their job duties and provide services to its customers. Program components will include regular communication, wellness related resources and campaigns, health and risk assessments and questionnaires. The Wellness Program will be available to all PCLS employees, including full time, part time and substitutes. Participation will be voluntary. The Program will be overseen by the Staff Experience department and guided by the Wellness Committee. The Wellness Committee will be comprised of a cross-section of staff and management in the Library. They are responsible to uphold the mission of the wellness program and act as liaisons to bring ideas forward and champion wellness activities.

Adopted by the Pierce County Rural Library District Board of Trustees, June 11, 2014.