Sleds
Here’s a great big hill (hold arm up)  
With snow all down the side (wiggle fingers downward)  
Let’s take our speedy sleds (hand on shoulder)  
And down the hill we’ll slide! (slide hand down arm fast)

Walking in the Snow
Let’s go walking in the snow (walk around)  
Walking, walking on tiptoe (tiptoe around)  
Lift one foot way up high (hop on one foot)  
Then the other to keep it dry (hop on other foot)  
All around the yard we skip (practice skipping)  
Watch your step or you might slip! (pretend to fall)

Here is My Hat by Eric Ode
Here is my hat, on top of my head.  
Here are my boots, shiny and red.  
Here is my scarf, fuzzy and white.  
Here is my coat buttoned up tight.  
Here is the door that goes outside.  
I turn the handle, I open it wide,  
I take one giant step, and then…  
BRRRRRRRRRRRRR! I run back inside!

Chubby Little Snowman
Tune of “Bunny Hop”  
There was a little snowman  
He had a carrot nose  
Along came a bunny  
And what do you suppose?  
(hop, hop, hop)  
That hungry little bunny  
Looking for his lunch  
Ate the snowman’s carrot nose!  
Nibble, nibble, CRUNCH!  
(hop, hop, hop)

A Penguin
A penguin, when he goes somewhere  
Will walk or swim; here’s why:  
Although he has two bird-like wings,  
He simply cannot fly!

Baby’s Nap
Here is a baby ready for a nap  
(hold up finger)  
Lay her down in a loving lap  
(place finger on palm)  
Cover her up so she won’t peep  
(close fingers to make blanket)  
Rock her ‘til she’s fast asleep.  
(rock arms back and forth)

Things to do Together

- Bird Treat Garlands—Slice oranges into rounds. Children can slice the oranges into fourths with plastic knives and tear some older bread into four pieces. Using yarn and a plastic needle, children thread the oranges and bread, leaving a few inches between each. Decorate a tree or bush with the garlands. The winter birds will enjoy this treat!
- Favorite Winter Bird—Observe with your child the birds that come to the garlands. Ask children: Which bird do you like the best? What do you like about them? Write down what your child tells you. Encourage children to draw their favorite bird or birds.

Other Resources
Go Outside! By Nancy Blakey